



## SIS30115 Certificate III in Sport and Recreation

This program provides students with the opportunity to acquire and develop the skills, knowledge and confidence to work in the areas of sport & recreation.

### National or State Accreditation

National

### Course Aims

This program is a pathway which provides a student with the foundation skills and knowledge to act as an assistant in a range of fitness activities. Leadership, organisational and specialist activity skills will be developed through the units of competency undertaken.

### Contribution to VCAL/VCE

**VCAL:** One credit towards a VCAL learning program is awarded on successful completion of 90 nominal hours of accredited VET curriculum.

**VCE:** Students who complete this program may be eligible for recognition of two or more units at units 1 & 2 level and a units 3 & 4 sequences.

**ATAR:** Students wishing to receive an ATAR contribution for the Units 3 and 4 sequence must undertake **scored assessment** for the purposes of gaining a study score. This study score can contribute directly to the primary four or as a fifth or sixth study.

Where a student elects not to receive a study score for VCE VET Sport & Recreation, no contribution to the ATAR will be available.

*Please note: The student must already have English and three other fully scored VCE/VET subjects to create the primary four.*

### Potential Pathways

- Certificate IV in Fitness
- Certificate IV in Sports & Training
- Diploma of Fitness

### Potential Occupations

- Aerobics instructor
- Fitness instructor
- Personal trainer
- Recreation officer
- Coaching

### Occupational Health & Safety

Students may be required to wear protective footwear and other protective items as required under OH&S legislation. More information will be provided at commencement of the program.

### Cluster Provider

Damascus College  
1412 Geelong Road, Mount Clear

### Registered Training Organisation

IVET Institute Pty Ltd

### RTO Code

40548

### Program Length

2 years

### Day and Time

1st year – Thursday 1.45pm to 5.00pm

2nd year – Tuesday 1.45pm to 5.00pm

### Program material costs (approximate only)

1st year – TBA

2nd year – TBA

### Structured Workplace Learning

Strongly recommended – 80 hrs minimum over total program

### Outcomes

Satisfactory completion of this two year program entitles the student to a Certificate III in Sport and Recreation

### Enrolment Type

VES

### 1st year Units of Competency

BSBWOR301	Organise personal work priorities and development
HLTWHS001	Participate in workplace health and safety
SISXCAI003	Conduct non-instructional sport, fitness and recreation sessions
SISXEMR001	Respond to emergency situations
HLTAID003	Provide first aid
ICTWEB201	Use social media tools for collaboration and engagement
SISXCCS001	Provide quality service
SISXIND006	Conduct sport, fitness or recreation events
SISSOF101	Develop and update officiating knowledge

### 2nd year Units of Competency

SISSCO101	Develop and update knowledge of coaching practices
BSBWH303	Participate in WHS hazard identification, risk assessment and risk control
SISXCAI006	Facilitate groups
SISXCAI004	Plan and conduct programs
SISSPT303A	Conduct basic warm-up and cool-down programs
SISXRES002	Educate user groups