

EMPOWERING YOUTH

AGE GROUP 15 TO 24 | FEDERAL FUNDING

The Empowering YOUth Initiative available in the Highlands region is a Digital Work and Study Service that can assist with creating a winning resume, career planning, job searching, interview preparation, contact and collaboration with employers and social firms.

It can provide support with exploring suitable education options, assist with getting into study, as well as sourcing financial support for education.



ELIGIBILITY

For young people wanting to:

- get into work or study
- increase hours of work or study
- get a more suitable job or study pathway

COMMITMENT REQUIRED

- Flexible, preferred weekly contact.

SERVICES OFFERED

The Digital Work and Study Service has been developed by headspace.

Services are delivered by online chat, phone consultation and the provision of resources and information online.

The online resources cover topics such as:

- before you start
- looking for a job
- the job interview
- starting a new job
- types of learning
- learning options
- financing your studies
- courses and course providers
- student services
- working on your mental and emotional health
- research job market information
- explore career and job options
- make a career plan

www.headspace.org.au/young-people

SERVICE PROVIDER:

headspace

P: 1800 810 794

Chat online: digitalworkandstudy.org.au

Online resources: headspace.org.au/young-people



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